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# Fighting Golf: Flow With Force And Fly



## Synopsis

Fighting Golf is a fierce approach to a friendly game. Tap into your primal fighting instincts to learn how simple body mechanics let you deliver a blow to the ball, every time. Fighting Golf is the only golf book that shows you how to develop a fighter's fierce attitude toward every swing. Providing a full spectrum of instruction, inspiration and advice, Fighting Golf reinforces how simple body mechanics influence every movement you make and help you deliver a blow to that little white ball. Tiffany Faucette's engaging narrative and fierce-but-friendly approach includes hundreds of graphics and photographs of her patented drills that will have a huge impact on your swing, your game and your life. With reps you can do anywhere, anytime, you'll tap into fighting's primal instinct and take it to your game. Take your game from struggle to spectacular, with a swing that Flows with Force and Fly!

## Book Information

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## Customer Reviews

Regarded as one of the most effective and sought-after instructors in the Northeast, Tiffany Faucette brings a wealth of experience to her students at all playing levels. She knows how to connect mentally with a student to get them to improve their swing motion. She firmly believes in both working hard and having fun, in practice and on the course. A native of Ormond Beach, FL, Faucette took up the game of golf at age 17 and went on to play for and captain the Florida State University women's team while earning a degree in business. After winning numerous amateur accolades, including 1997's Titleist/Golfweek top-ranked amateur, Faucette spent the next 11 years competing professionally in every major tour: the LPGA Futures Tour - including the U.S.

Women's Open; McDonald's LGPA Championship; and the Asian, European and Canadian Tours. Faucette brings her impressive background and stats to her true passion: teaching players at all levels to love and improve her game. She has been recognized for her teaching by the LPGA (Northeast Section Teacher of the Year winner), Best in Loudoun, Golf Range Association of America Top 50, LPGA Global Education Team, and U.S. Kids Golf Top 50, among others. In addition to working directly with students, Faucette brings her experience and motivational tips to audiences, speaking both to athletes and the general public in seminars about teaching, the biomechanics of the game, and making positive changes to help achieve life goals. Presently, Faucette is the Lead Instructor at 1757 Golf Club, Ashburn, VA. In addition to her heavy teaching schedule, she is actively developing and marketing a variety of instructional tools " including innovative products and manuals " to bring her expertise to all players looking to "punish that little white ball."

I have purchased way too many golf instructional books in my time. All of them I have found very confusing and left me in the dark how to apply their concepts to my game. I have a habit of going on , searching for Golf Instructional books to see what is new out there. Found "Fighting Golf" by Tiffany Faucette. Read the review and promptly ordered the book. It greatly exceeded my expectations. I particularly like the way to properly stack the bones to be the most efficient use of the body. Have been using my hips improperly for decades. Now I have a clear understanding of how to properly use them. Form truly does follow function. Applying other sports concepts, Tiffany puts the proper attitude needed to compete, not just play the game. Some of her teachings fly contrary to what's out there, make so much sense. Went to the driving range and have not smashed the ball this well in what feels like years. My early extension and early release are gone. Through her recommendation, I also downloaded the electronic book by her mentor Carl Rabito, "Golf: The Rabito Way". I highly recommend doing so. It will solidify Tiffany's concept. Although not identical in phrasing, it is good to hear another way of describing similar things. It is also effectively uses video. A word about the way Tiffany's book is published. It uses state-of-the-art publishing tools and is laid out in a modern look. Uses images and color schemes to highlight text and images. This is the way instruction books should be presented. Thank you Tiffany.

This book is great! The breakdown of the golf swing into 6 stages, and the drills described are simple and provide immediate feedback. The basic principles of movement, especially the "Golf Tilt", bent elbows and cupped hands that Tiffany explains, has helped me tremendously. These

simple movements alone have made such a difference in my approach to my swing than all that I have been taught in the past when it comes to my swing. The drills in each of the 6 stages (in slow motion) are explained in such a way that I can easily "feel" the movement, making my swing more natural, athletic and pain free; and they can be done anytime-anywhere. I look forward to my practice time now and can't wait to get to the course! I am much more enthusiastic about the game of golf, and am looking forward to having FUN again! Get job and many thanks!!

Tiffany "T" unlocks the inner golf "athlete" in all of us. Flow with Force will give anyone greater golf capability on every shot with more balanced body mechanics on every shot. Tiffany has been my golf instructor, and reading her book reminds me of her personal lessons..she unlocks the natural flow of your inner athlete to the golf swing in easy to remember and repeatable ways. I fought golf for years before meeting Tiffany. Now I golf with more flow and see distances increasing almost 20 yards with every club in my bag. And now my golf game is more fun and more sustainable with Tiffany 's flow golf philosophy. Best book on the golf swing in the market today.

Love this book. I have Rabido's book on iBooks and this book is outstanding. I'm 63 and still fairly fit but this book speaks of the true physical nature of a healthy golf swing.

Excellent read! Breakdown of the golf swing into 6 stages, starting with the 'Golf Tilt' platform, provides a fundamental basis for a powerful golf swing. The drills described are simple and provide immediate feedback. I found great results when taken to the course.

I have read hundreds of golf books, I think this book explains golf more simply than any other. If your handicap is 15 or higher your stupid not to buy this book!

In the interest of full disclosure here, I've been a student of Tiffany Faucette's and have always been wowed by her teaching style and content. This book is great, with exactly the same guidance and background info that Tiffany provides in her lessons. Her explanations are pitch-perfect, couched in a way that lets me easily remember exactly how I should stand and then go through the six positions of the golf swing. Her instructions are somewhat different from those of the male instructors I had tried, mainly because, as she explains in the book, you don't have to twist your body nearly so much to get the same or even better distance and accuracy off the tee or on the fairways. Tiffany has taken me down to where I'm playing double-bogie golf after only two years of

lessons, something I never thought possible when I first started playing three years ago (and could barely hit a shot off the tee). This book would be great for all new and intermediate golfers. I whole-heartedly recommend it!

20 dollars for the kindle version and the typesetting is not enhanced? I'd love to read the book but the text is microscopic on my digital devices and I can't enlarge the text. WTF?

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